GOVERNMENT OF MALTA
MINISTRY FOR EDUCATION, SPORT, YOUTH
RESEARCH AND INNOVATION

MEYR/EOI/02/2025

Second Call - Expression of Interest (EOI) - Participation from Gyms in the Youth Fitness Support Scheme (YFSS)

Funded by the Ministry for Education, Sport, Youth, Research, and Innovation

April 2025

Context

The Ministry for Education, Sport, Youth, Research, and Innovation is committed to fostering a healthier lifestyle among youths in Malta and Gozo. Recognising the need to promote physical activity and well-being, the Ministry has the developed the Youth Fitness Support Scheme (YFSS). This initiative targets youths born between 2005 and 2007, offering them six months of free gym membership. The scheme aligns with national priorities for health promotion and youth development, aiming to create a culture of health-consciousness among young citizens while reducing public health costs in the long term.

Proposal

The YFSS aims to encourage gym attendance among eligible youths by covering their initial membership fees. The scheme will facilitate access to fitness facilities, thereby supporting physical activity and overall well-being. Key features of the scheme are:

1. Coverage of the first six months of gym membership for eligible youths.
2. Collaboration with registered gyms across Malta and Gozo to ensure accessibility.
3. A simplified online application and verification process through a dedicated platform.

Expression of Interest

The Ministry of Education, Sport, Youth, Research, and Innovation is issuing a **Second Call for Expression of Interest** for those gyms interested in offering their services in the YFSS. Gyms can qualify for eligibility based on the following criteria:

Criteria for participation:
Applicants must have a fitness-oriented purpose which is primarily focused on improving health and well-being. The following information and documents are to be submitted by interested participants:

- Applicants must submit documentation on the email provided below displaying a minimum experience of 6 to 12 months of active operation as a gym.
- Facilities must cater beginner-level fitness programmes.
- Able to offer services for youths such as a gym instructor.
- Description of services and facilities.
- VAT number.

Interested participants are requested to click on the following link https://workflow.gov.mt/eservice/S11474?language=en **and fill in the requested details.**

Closing time and date

Applications must be received by not later than **noon 11th April 2025**.

Cost per Subscription

€300 per youth for a minimum of 6 months.

Selection Process

Following a verification exercise, eligible gyms will enter into an Agreement with the Ministry.

Enquiries

Request for clarifications is to be sent through the following email address; yfss.meyr@gov.mt by not later than **noon 10th April 2025**.